

OTTAWA PASTORAL CARE TRAINING PROGRAM

*An Interdenominational Program affiliated
with the Christian Council of the Capital Area*

Advanced Course Fall 2021 via Zoom

*This course is
designed for and limited to
those who are currently
or have previously
taken the Basic Course*



www.ottawapastoralcare.com
facebook.com/OttawaPastoralCare

Course Dates & Topics

Tuesdays
Oct. 5, 12, 19, and 26
7 to 9pm

October 5
Pastoral Care and Grace:
The Power of Being Seen, Heard and Valued
Lisa Boulay

October 12
Volunteering in the Health Care Setting
Fritz Clarke

October 19
A Good Death:
Healing Conversations at End of Life
Elspeith MacEwan

October 26
Living Well and Staying Connected
Spiritually in The Last Journeys of Life
Hilary Murray

***A certificate will be issued at the
end of the course for those who
attend 3 or more of the 4 classes.***

Contact Information

For information, please contact
Terri Skuce, OPCTP Administrator
at 613-591-3366 or
ottawapastoralcare@gmail.com

Registration

These courses fill up early. Please register early to avoid disappointment.

Please register by Sept. 20

Cost: \$75 before Sept. 20
\$85 after Sept. 20

To register and pay:

Email your registration details:
*your name, mailing address (with
postal code), email address, phone
number, church or institution name,
along with your preference of the
afternoon or evening course*

to opctp.registrar@gmail.com and let
our registrar know how you will pay.

TO PAY, send an e-transfer to:
opctp.registrar@gmail.com

OR make a cheque out to
'Ottawa Pastoral Care Training
Program' and mail it to:
OPCTP Administrator
5 Hanover Court
Kanata, ON
K2M 2H7

For more Information contact:

Terri Skuce
OPCTP Administrator
(Home) 613-591-3366
ottawapastoralcare@gmail.com

Or visit our website at
www.ottawapastoralcare.com

Session Descriptions

October 5

Pastoral Care and Grace:

The Power of Being Seen, Heard and Valued

Grace means different things to different people. At its heart is the belief that we are supported and held dear by the Divine. Whether visiting with a client, supporting a caregiver or our own self-care Grace can be nurtured and provide a greater sense of connection and compassion. How can we become more aware and conscious of inviting Grace into our ministry of presence? This workshop will explore the intersection of Pastoral Care and Grace through presentation, discussion and sharing.

Lisa Boulay, a retired Registered Psychotherapist, has worked as a family and addiction counsellor for twenty years providing both individual and group counselling. In addition, she has developed and delivered several workshops and training programs on substance use, mental health, trauma, and recovery. Lisa is a Lay Chaplain at the First Unitarian Congregation of Ottawa.

October 12

Volunteering in the Health Care Setting

Following Covid -19, and with changes in access to volunteering in the hospital and long-term care setting, "what does this mean for Pastoral and/or Spiritual care volunteers?" Fritz will look at the new reality of volunteering in the health care setting and what it means for Pastoral and Spiritual care volunteers. Fritz will also share meaningful possibilities in volunteering in Pastoral and Spiritual Care.

Fritz Clarke is currently the Spiritual Care Co-ordinator at the Queensway Carleton Hospital. He has worked for 17 years in Spiritual Care and Chaplaincy in health care

institutions and corrections settings. Fritz has supervised students at St. Paul's University and St. Lawrence College, and has trained medical staff in spiritual care, advanced care planning, ethics and cultural competency. In addition, he has worked collaboratively in developing training for the spiritual care and pastoral care volunteers in health care and correction settings. Fritz is an ordained minister with the Pentecostal Assemblies of Canada, and a member of the National Ethics Commission for the Canadian Association of Spiritual Care. He also currently serves as an advisor to the Ottawa Pastoral Care Training Program.

October 19

A Good Death:

Healing Conversations at End of Life

Dr. MacEwan will share her perspective as a holistic psychiatrist in this interactive session. Drawing from palliative care research (Dr. Harvey Chochinov, psychiatrist), she will discuss some common psychiatric symptoms in dying people, and review some models of psychotherapy for late life, with case examples. She will present a multi-faith clinical tool for spiritual care, "The Prayer Wheel," developed by Toronto psychiatrist, Dr. John Rossiter-Thornton. She will facilitate reflection on the question, "With regard to Healing Conversations at End of Life, what is the role of the pastoral care volunteer?"

Dr. Elspeth MacEwan, a community psychiatrist with 30 plus years of experience, has a strong interest in the interrelationships between spirituality and health. Her practice focus is group and individual psychotherapy. She is also a MAiD assessor and a Hospice volunteer. Her creative credentials include labyrinth facilitator (Veriditas) and a graduate certificate in Expressive Arts (Fleming College, Haliburton). She is an active member of Barrhaven United Church.

October 26

Living Well and Staying Connected Spiritually in The Last Journeys of Life

For many the aging process can bring with it much fear of things known and the unknown. The question is how our perceptions of aging and death impact our continued spiritual growth in the autumn of our lives. This workshop will explore ways in which faith communities can develop creative pastoral care ministries which support the frail elderly, spiritually in coping with the challenges of aging, building stronger connections between the individual, God and their community, especially with those in the final stages of their life.

The Reverend Canon Hilary Anne Murray is an Anglican priest with the Anglican Diocese of Ottawa. She presently serves as the Canon Pastor at Christ Church Cathedral and Chaplain for Cornerstone Housing for Women. Canon Hilary obtained her Master of Pastoral Theology from St. Paul's University. She is also a clinical social worker, obtaining her Master of Social Work in 1993 from Florida State University. Canon Hilary is a Registered Social Worker with the Ontario College of Social Workers and Social Service Workers (OCSWSSW), as well as, a member of the Ontario Association of Social Workers. Canon Hilary has extensive experience providing psychotherapeutic services in the areas of grief/loss, chronic illness and end stage medical conditions, depression and anxiety, trauma and marriage and family therapy, as well as, spirituality. Canon Hilary serves as a member of the OPCTP Advisory Board and member of the Faith Committee for Compassionate Ottawa. In her spare time Hilary enjoys hiking on nature trails, walking her dog Pepper and playing with her cat Max, as well as playing board games with her mother.